

## Urology Second Opinions™ Consultation

*Date:*

*Patient:*

### **Discussion:**

I am presented with a 77-year-old gentleman with a history of heart disease and a past myocardial infarction. He has been diagnosed with a Gleason's score 8 adenocarcinoma of the prostate, this being a 4+4. It is a grade group 4 out of five. The MRI scan is consistent with a T3A lesion.

### **Recommendations:**

My recommendations are as follows. The patient should undergo intensity modulated radiation therapy associated with two years of androgen deprivation therapy.

### **Answers to patient's questions:**

1. Should the patient do the surgery or is recommended to do radiotherapy?

I would not recommend radical prostatic surgery in a 77-year-old with a history of cardiac disease. The risk of death or a major complications are too high.

2. If the answer is yes to radiotherapy, what kind of hormone therapy would be good to follow?

I would recommend IMRT with ADT as outlined above.

3. Lithium treatment would be a good solution?

Lithium treatment is considered experimental and would not be recommended.

### **References:**

Campbell Walsh Wein Urology , 12th addition; section 14; chapters 111, 112, and 116.

*Electronically Signed by:*

*Board Certified:*

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