

General Surgery Second Opinions™ Consultation

Date:

Patient:

Discussion:

This is a 73 yo male with symptoms of varicose veins. Over the past 3 months, there has been a process of decreased mobility in sports, accompanied by the appearance of tolerable pain in the calves of the right leg with a tendency to move up the back wall of the thigh. The patient has provided pictures an US report and blood work.

Recommendations:

I would recommend this patient obtain a bilateral venous duplex with reflux ultrasound as there is no duplex attached here. This would be to rule out DVT as one leg is larger than the other and to look for venous insufficiency especially in superficial veins.

Answers to patient's questions:

This patient should be wearing compression socks 20-30 mm Hg daily knee high. In addition, they may need a CT venogram abdomen pelvis to rule out any iliac vein disease or compression contributing to the varicosities. Depending on the results of the duplex the patient may be a candidate for EVLT of the superficial veins and they may be able to have sclerotherapy or stab phlebectomy of the varicosities if they are painful- sclerotherapy for smaller ones, phlebectomy for larger cords of veins.

Overall, the discomfort should improve with the use of compression socks and elevation of the legs when possible.

Additional:

Please provide the report once this patient has obtained a bilateral venous duplex with reflux ultrasound as recommended and I will update my report.

Electronically Signed by:

Board Certified:

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